



Bulletin 4/2/2024

Classes

| | | |
|----------------|-------------------------------------|---------------------------------|
| Leri | Pre-reception, Reception and Year 1 | Mrs Parry and Mrs Smith |
| Teifi | Year 1 and 2 | Mrs Rowe and Mrs Smith |
| Rheidol | Year 3 and 4 | Mrs Field |
| Ystwyth | Year 4 and 5 | Mr Evans |
| Aeron | Year 5 and 6 | Mrs Kenyon-Jones and Mrs Brophy |

Afterschool clubs running this week

| Date | Class / Year | Time | Activity - |
|----------|---------------------|-------------|---|
| Monday | All ages | 3.30-4.30pm | Zumba, www.nerth.org/plans-pricing or contact Samantha 07533 646872 |
| Tuesday | Pre-reception to Y3 | 3.30-4.30pm | BMO coaching: https://bmocoaching.co.uk/book/ or contact Bryn: info@bmocoaching.co.uk |
| Thursday | All ages | 3.30-4.30pm | Urdd multisport club, https://gweithgareddau.urdd.cymru/eventgroup/f0b2cf44-859a-ee11-be37-6045bdf139f0 or contact Rhiannon rhiannonjames@urdd.org |
| Thursday | Y4-Y6 | 3.30-4.30pm | Football training with Mr Evans on the Vicarage Fields. Further details below. Weather dependent. |
| Friday | Pre-Reception to Y3 | 3.30-4.30pm | Craft and Computer club. Please let Mrs Brophy know if your child will be attending. |
| Saturday | All welcome | 11am-2pm | Warm space in the school hall. Tea, coffee or squash available / Soup and bread to eat / board games and a place to relax and have a chat. All welcome, please let others know to join us. Families, especially welcome. NO CHARGE/ COMPLETELY FREE. |

Diary

| RSE lessons will be taking place weekly during this term Year 3-6, usually on a Wednesday. | | |
|--|--------------|--|
| Date | Class / Year | Activity |
| Monday 5 th - Friday 9 th February | Whole School | Children's mental health week. We will all be completing activities in class as part of the week and taking a walk outdoors to look after our mental health. |
| Monday 5 th February | Rheidol | Swimming pm |
| Tuesday 6 th February | Whole School | Safer Internet Day |
| Wednesday 7 th February | All staff | Twilight evening 3:45pm – 5:30pm |
| Friday 9 th February | Whole School | Dydd Miwsig Cymru <i>Welsh Language Music Day</i> : We will be listening to Welsh Language music in school |
| Friday 9 th February | Eco council | Tree planting in Aberystwyth. We are only able to take four children to this event, an email will be sent home if your child is invited to take part. We will be back in school by lunchtime. |



St. Padarn's is a nut and sesame seed free zone – please do not send in products to school containing any nuts or sesame seeds – Thank you.







| | | |
|--|--------------|---|
| Monday 12 th - Friday 16 th Feb | Whole School | HALF TERM Ash Wednesday - 14 th February - Mass will be in the parish |
| Monday 19 th February | INSET | Diocesan Catholic INSET day. Our school will be closed to pupils . Most other Aberystwyth schools will be open. |

| | | |
|---|--|--|
| Thursday 22 nd February | Choir/Unsain | Aberystwyth Area Prelims for Welsh learners |
| Thursday 31 st March | Whole school | School Eisteddfod pm. Parents are welcome from 2pm for a cup of tea/coffee and starting 2:15pm |
| Friday 1 st March | Whole School | Mass in school 9:45am – St David's Day |
| Saturday 2 nd March | All welcome | Parêd Dydd Gŵyl Dewi St David's Day Parade More details will follow |
| Saturday 9 th March | Choir/Unsain | Regional Eisteddfod |
| Tuesday 12 th March **NEW DATE** | Foundation Phase | Visit from the Welsh Whisperer as part of the Farm Safety Partnership. |
| Friday 15 th March | Whole school | Lenten Mass in Welsh Martyrs 9:30am – All welcome |
| Thursday 21 st March | Key Stage 2 | Stations of the Cross |
| Monday 25 th March- Friday 5 th April | Whole School | EASTER HOLIDAYS |
| Monday 8 th April | All pupils should attend school | Most other Aberystwyth schools will be closed but St Padarn's will be open to pupils. |
| Wednesday 17 th - Friday 19 th April | Years 5 and 6 | Residential trip to Llangrannog |
| Thursday 25 th April | Football Team | Urdd Boys/ Mixed Football Tournament |
| Friday 28 th June | INSET | Ceredigion County INSET day |

Catholic News

Warm Space: Please come and join us any Saturday from 11am – 2pm at school. Just pop in for a quick coffee if you are in town or call in for lunch around 12pm. You can stay for 5 minutes or 3 hours! It is a wonderful social time for all ages and the kids enjoy playing together. Drop in and check it out! **All completely free!**

Habits of the Heart –  Our Habits of the Heart for January and February are **Compassionate and Loving**. 

Candlemas -Thankyou to Father Matt for coming along to speak to Dosbarth Teifi about Candlemas. They really enjoyed your visit as always.

Our Monthly Prayer Devotion is the Holy Family – You may want to pray the Holy Family Novena at some point during February and one can be found on the *Pray more Novenas* website. It could be prayed as preparation for your Lenten Journey.

Our **Online Lenten Book Study** will start on Monday 19th February (even though it is the Inset day!) at 8pm. We will be following the Abiding Together podcast series and the first show will be broadcast on 12th February. The book we will be studying is '**A Time of Renewal Daily Reflections by Mother Mary Francis**'. We will work a week behind the podcast, so it gives us a week to listen to the show and read the relevant sections of the book. Here is the link if you would like more information about the materials we will use: [A Time of Renewal — Abiding Together \(abidingtogetherpodcast.com\)](https://abidingtogetherpodcast.com). A timetable with links to the meetings will be sent out at the end of this week.



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Class News

Last week was very busy, it was lovely to see all the classes taking part in activities inside and outside of school. The contemporary art workshop at the National Library on Friday was excellent. Many thanks to Samantha for coming in and teaching Zumba to four of our classes – it was great fun. If your child enjoyed the session, they may want to go to Zumba on a Monday after school.

This week, as a school we will be focusing on **Children's Mental Health week**. The theme this year is 'My voice matters' and is about empowering children and young people by providing them with the tools they need to express themselves. and all classes will partake in activities related to improving our mental health, including going for a walk!

We will also be raising awareness of Internet Safety by taking part in **Safer Internet Day**. Each class organise their own activities for this, day and the ICT council will present an assembly to promote the safe, responsible and positive use of digital technology among children and young people.

Finally, on Friday we will celebrate **Dydd Miwsig Cymraeg** (Welsh Language Music Day) where we will listen to all different kinds of Welsh language music during the school day. From indie, rock, punk, funk, folk, electronica to hip hop and everything in between!

PE and Woodland timetable for this half term:

| | Woodland | Indoor PE | Outdoor PE |
|---------|------------|------------|--------------------------|
| Leri | Thurs (pm) | Fri (am) | Weds (am) |
| Teifi | Weds (pm) | Tues (pm) | Thurs (am) |
| Rheidol | Fri (pm) | Weds (pm) | Mon (pm) Swimming |
| Ystwyth | Tues (pm) | Fri (pm) | Mon (pm) |
| Aeron | Tues (am) | Thurs (pm) | Mon (pm) |

****Please ensure that your child brings a pair of wellies or sturdy shoes to change into on Woodland days****

General Notices and School News

Football Club: continues this Thursday on the Vicarage Fields. The club is open to boys and girls in years 4-6. Please note that if the weather is bad, then the club will be cancelled. We will inform you of any cancellations by lunchtime on Thursday. The information will be sent by email and posted on our social media. Football boots and shin pads are essential to take part. If your child does not have shin pads, please let us know as we have a limited number of spares in school. **We kindly ask that if you are coming to watch, you do not allow younger siblings to play on the grass during the session, this has been a health and safety concern in the past. Please also note that the Vicarage Fields carpark will not remain open.**

Urdd competitors: Your child **must be a member of the Urdd to compete in the Eisteddfod**. If you have received an email asking you to join your child to the Urdd, please could you do so immediately as we need to enter the names for the competition [Join | Urdd Gobaith Cymru](#)

Dietary forms for the kitchen: if your child has a dietary requirement (including if they are vegetarian) please could you return this form as soon as possible. If you need another copy of the form, please let us know.

Reading Books: Please can I ask that the children's reading books are brought in regularly so that the children can be heard reading during the week. It is very important that all the children with reading book, read regularly at home as well at school as it helps to improve fluency and widens the knowledge of vocabulary.

Parêd Dydd Gŵyl Dewi | St David's Day Parade: Mr David Greaney, our Chair of Governors has been chosen to be the 'Tywysydd' (leader) of the Aberystwyth parade this year on Saturday, 2nd March. As the press release states, this honour marks the thanks and appreciation of the Aberystwyth community to a local person or persons who have made



St. Padarn's is a nut and sesame seed free zone – please do not send in products to school containing any nuts or sesame seeds – Thank you.



As we follow in Jesus' footsteps,



we grow in faith, love, and learning.

an important contribution to Welsh language and culture. Llongyfarchiadau mawr i chi Mr Greaney! Please put this date in your diary with a view to turning out to celebrate our two Davids!

Please contact me if you have any queries or concerns,

Kind Regards,

Mrs Brophy.

Six Activity Posters below:



Chwaraeon

Gwersylloedd Hanner Tymor Chwefror
February Half Term Camps

Gostyniad 15% i aelodau wrth gofrestru am 2 diwrnod neu fwy
Members receive 15% discount when booking 2 or more days

urdd.cymru/ymro

Aelodaeth £1 ar gael i'r rhai sy'n derbyn cerbydau ariannol
£1 membership for those receiving income support

Ceredigion

| GWEITHGAREDD ACTIVITY | DIWRNOD DAY AMSER TIME | LLEOLIAD LOCATION | OEDRAN AGE | COST PRICE |
|---|--------------------------------------|--|---------------------|--------------------------------|
| Aml Chwaraeon Aberystwyth Aberystwyth Multi Sport | 12/02/24 - 13/02/24 09:00 - 15:30 | Canolfan Plascrug Plascrug LC | Oed Age 6 - 11 | £16 Y sesiwn Per session |
| Aml Chwaraeon Llambod Lampeter Multi Sport | 14/02/24 09:00 - 15:00 | Canolfan Lles Llambod Lampeter Wellbeing Centre | Oed Age 6 - 11 | £16 |
| Pel Rwyd Aberystwyth Aberystwyth Netball | 14/02/24 13:00 - 15:00 | Canolfan Plascrug Plascrug LC | Oed Age 7 - 11 | £8.00 |
| Aml Chwaraeon Llandysul Llandysul Multi Sport | 15/02/24 - 16/02/24 09:00 - 15:30 | Neuadd Chwaraeon YBT Sports Hall | Oed Age 6 - 11 | £16 Y sesiwn Per session |





RHAID COFRESTRU AR-LEIN > gweithgareddau.urdd.cymru
MUST REGISTER ONLINE

AM MWY O WYBODAETH > Rhiannon Sim
rhiannonjames@urdd.org
07929715983



sportwales
chwaraeon.cymru

urdd.cymru/chwaraeon

 @chwaraeon

 @Urdd Ceredigion

 @urddsirceredigion



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ZUMBA®
kids

**St. Padarn
Afterschool
Club**

**Monday
3:30-4:30**

15/01/24 - 05/02/24



£20

**Book via:
www.nerth.org/plans-pricing**

**Contact Samantha:
+447533646872**



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BMO FOOTBALL 5'S FEBRUARY SERIES



14TH FEB 2024

5V5 TOURNAMENT FOR U6-U11 PLAYERS AT TOP RATED FACILITY,
BLAENDOLAU PLAYING FIELDS!

PLAYERS SIGN UP AS A TEAM OF 5. PLAYERS CAN BE TEAMMATES,
A GROUP OF FRIENDS OR A COMBO OF BOTH!

BMO COACHES LOOK AFTER ALL OF THE TEAMS ON THE DAY. EACH
TEAM WILL BE COACHED BY ONE OF OUR QUALIFIED STAFF.
NO CLUB COACHES OR PARENTS WILL BE REQUIRED.

- DATE: WED 14TH FEB 2024
- TIME: 9:00 - 12:00
- LOCATION: BLAENDOLAU PLAYING FIELDS SY23 3TL
- PRICE: £20PP
- U6/7 | U8/9 | U10/11 AGE GROUPS
- MAX OF 8 TEAMS PER AGE GROUP
- PRIZES FOR EVERY TEAM THAT ENTERS
- TROPHY FOR WINNERS
- NO MATCHING KIT REQUIRED: BIBS PROVIDED IF NECESSARY

PRE-BOOKING REQUIRED AT WWW.BMOCOACHING.CO.UK



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FEBRUARY HALF-TERM FOOTBALL

| DATE | TIME | AGE | ACTIVITY | PRICE |
|----------------------------------|--------------|--------|----------------|-------|
| Bow Street FC | | | | |
| Mon 12th Feb | 9:00 - 12:00 | 4 - 7 | Soccer School | £22pp |
| Blaendolau Playing Fields | | | | |
| Wed 14th Feb | 9:00 - 12:00 | 5 - 11 | 5v5 Tournament | £20pp |
| Aberystwyth Town FC | | | | |
| Thu 15th Feb | 9:00 - 12:00 | 4 - 7 | Soccer School | £22pp |
| Thu 15th Feb | 9:00 - 15:00 | 8 - 12 | Soccer School | £32pp |
| Fri 16th Feb | 9:00 - 12:00 | 4 - 7 | Soccer School | £22pp |
| Fri 16th Feb | 9:00 - 15:00 | 8 - 12 | Soccer School | £32pp |

Book via our website today - www.bmocoaching.co.uk

FREE spaces available for children eligible for free school meals.
Email us to book via this scheme.










07812 410 392

info@bmocoaching.co.uk

@BMOcoaching

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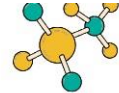
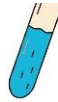
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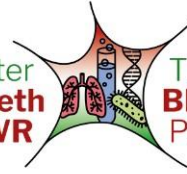
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Menter
Gwyddoniaeth
MAWR



The
BIG Science
Project

GWERSYLL GWYDDONIAETH HANNER TYMOR I BLANT OEDRAN 6-12

Cymraeg

Ymunwch â ni ar gyfer digwyddiadau gwyddoniaeth llawn hwyl, addysgiadol a rhyngweithiol yn ystod hanner tymor mis Chwefror.

Ble a phryd?

- Neuadd Buarth, Aberystwyth
- Chwefror 14eg
- 9.30yb - 12.00yp neu 12.30yp - 3.00yp



Oedran a phris?

Addas i blant 6-12 oed.
Cost yw £15* y plentyn



*gweler y cynnig arbennig!

Darperir y digwyddiadau yn ddwyieithog

Join us for fun, educational, and fully interactive science events during February half term.

Where and when?

- Buarth Hall, Aberystwyth
- February 14th
- 9.30am - 12.00pm or 12.30pm - 3.00pm



Age and price?

Suitable for children aged 6-12.
Cost is £15* per child

*see special offer!

Sessions are provided bilingually

CYNNIG ARBENNIG!

Archebwch cyn Ionawr 28ain am ostyngiad o 12% (sef £30.80 y plentyn). Defnyddiwch y cod disgownt WEBSITE2024 ar y ar y dudalen archebu.

SPECIAL OFFER!

Book before January 28th for a 12% discount (which is £30.80 per child). Use the discount code WEBSITE2024 on the booking page.



I ARCHEBU, EWCH I'R
WEFAN:

TO BOOK, HEAD OVER
TO THE WEBSITE:

TheBigScienceProject.co.uk



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KIDS ACTIVITIES



A PROJECT PLANNED
AND DELIVERED BY
YOUNG AMBASSADORS



Yrs. 1, 2 & 3
MONDAYS
4.00PM - 4.55PM

Yrs. 4, 5 & 6
MONDAYS
5.00PM - 5.55PM

Price
FREE

Activities

- ✓ Arts & Crafts
- ✓ Soft Archery
- ✓ Drawing & painting
- ✓ Blazepod Lights
- ✓ Dodgeball & more

Plascrug Leisure Centre

Llanbadarn Rd. Aberystwyth,
Ceredigion SY23 1HL

More Information

www.fun4allaber.co.uk



More Information

website www.fun4allaber.co.uk
email fun4allaber@gmail.com



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