

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wk1</b> 6/11/23 27/11/23 18/12/23 22/1/24 19/2/24 11/3/24	Meat Balls in* Gravy or *Tomato Sauce V- Vegetarian Quorn Balls *Creamed Potatoes/*Pasta Farmhouse Mixed Vegetables  Apple Scone with Custard or Fresh Fruit	Chicken Grills V-Vegetable Nuggets  Mini Hash Brown Puffs & Crusty Bread  Baked Beans or Peas & veg sticks  Ice Cream Sponge Roll or Fresh Fruit	Roast Chicken Breast & Gravy V~ Glamorgan Sausage Homemade Herb Stuffing Creamed Potatoes Carrot & Green Beans  Chocolate Flavoured Muffin with Fruit Juice or fresh fruit	*Homemade Cawl / Cheesy Tomato Pasta *V-Vegetable Cawl Crusty Bread Peas & Sweetcorn  Juicy Orange Sponge With* Hot Chocolate Flavoured Sauce or* Custard Or Fresh Fruit	Salmon Fish Fingers V~ Fishless Fingers Chips Peas or Tomato and Cucumber Salsa  . Crunchy Chocolate Flavoured Cake & Glass of milk or Fresh Fruit
<b>Wk2</b> 13/11/23 4/12/23 8/1/24 29/1/24 26/2/24 18/3/24	*Homemade Pasticio or *Minced Beef Pie V-*Vegetable Lasagne or Vegetable Pie *Garlic Bread/*Mashed Potato Peas & Sweetcorn  *Fruity Pancakes/*Rice Pudding or Fresh Fruit	Tomato Pizza  Vegetable Sticks Crunchy Coleslaw or Mixed Salad Chips  Chocolate Flavoured Cookie with a Glass of Milk or Fresh Fruit	Oven Baked Sausages with Gravy V~ Vegetarian Sausages with Gravy Yorkshire Pudding Creamed Potatoes, Carrots and Broccoli *Fruit Platter / Fruit in Jelly	*Chicken Curry/*Sweet and Sour Chicken V~ *Vegetable Curry/*Sweet and Sour Vegetables Boiled Rice & Naan Bread Mixed Vegetables Orange and Apple *Muffin or *Rockie with Fruit Juice or Fresh Fruit	Fish Fingers V~ Fishless Fingers Creamed Potatoes Baked Beans or Peas Vegetable Sticks  Eve's Pudding with Custard or Fresh Fruit
<b>Wk3</b> 20/11/23 11/12/23 15/1/24 5/2/24 4/3/24	Homemade Bolognese V~ Vegetarian Bolognese Spaghetti Garlic Bread Peas, Sweetcorn  Homemade Oat Cookie with Raisins ½ Banana & Milk Or Fresh Fruit	Freshly Filled Chicken Fillet Wrap V- Vegi Nuggets in a wrap Crispy Potato Cubes Grated Carrot and Mixed Salad Fruity Chocolate Flavoured Scone and Custard Or Fresh Fruit	Roast Pork with Herb Stuffing & Gravy V~ Savoury Pasta Bake Creamed Potatoes Carrots & Broccoli  Llaeth y Llan Yoghurt with Apple Dippers or Fresh Fruit	*Hot Dog with onions and Tomato relish/ *Beef Burger V-*Vegi Hot Dog/Vegi Burger Chips Vegetable Sticks Mixed salad *Apple Flapjack or *Crispy Peach Bake Or Fresh Fruit	Salmon Fish Fingers V-Fishless Fingers Creamed Potatos  Baked Beans Or Peas Vegetable Sticks Chocolate Flavoured Sponge with White Sauce or Fresh Fruit

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<b>Wy1</b> 6/11/23 27/11/23 18/12/23 22/1/24 19/2/24 11/3/24	Peli Cig mewn* Grefi neu *Saws Tomato V- Peli Quorn Llysieuol *Tatws Hufennog/*Pasta Llysiau Cymysg o'r Fferm  Sgon Afal Ffres gyda Chwstard neu Ffrwyth Ffres	Cyw Iâr wedi Grilio V-Nygets Llysiau  Tatws Bach Cras A Bara Crystiog Ffa Pob & Ffyn Llysiau  Rholyn Sbwng Hufen Iâ neu Ffrwyth Ffres	Brest Cyw Iar & Grefi V~ Stwffin Cartref gyda Pherlysiâu Tatws Hufennog Moron & Ffa Gwyrdd Myffin Siocled gyda Sudd Ffrwythau neu Ffrwyth Ffres	*Cawl Cartref / Pasta Caws a Tomato *V-Cawl Llysiau  *Bara Crystiog Pys & Corn Melys Sbwng Oren Suddog Gyda* Saws Siocled Poeth neu * Gwstard Neu Ffrwyth Ffres	Bysedd Pysgod Eog V-Caws Pob Sglodion Pys neu Salsa Cymysg  Cacen Siocled Creisionllyd & Gwydraid o Laeth neu Ffrwyth Ffres.
<b>Wy2</b> 13/11/23 4/12/23 8/1/24 29/1/24 26/2/24 18/3/24	*Lasagne Cartref neu *Bastai Briwgig Biff V-*Lasagne Llysiau neu Bastai Llysiau *Bara Garleg/*Tatws Stwnsh Pys & Ffa Melys  *Crempogau Ffrwythau/Pwdin Reis neu Ffrwythiau Ffres	Pitsa Tomato Sglodion Ffyn Llysiau Colso Creisionllyd neu Salad Cymysg  Bisged Siocled gyda Gwydraid o Laeth neu Ffrwyth Ffres	Selsig wedi eu Pobi gyda Grefi V~ Selsig Llysieuol gyda Grefi Pwddin Swydd Efrog Tatws Hufennog Moron a Brocoli *Plât Ffrwythau/* Jeli a ffrwythau a Hufen,	*Cyri Cyw Iâr/ Cyw Iâr Melys a Sur V~ Cyri Llysiau Reis wedi Berwi & Bara Naan Llysiau Cymysg Myffin Oren neu Afal neu *Gacen Arw gyda Sudd Ffrwythau neu Ffrwyth Ffres	Bysedd Pysgod V~ Caws Pob Tatws Hufennog Ffa Pob neu Bys  Pwddin Efa gyda Chwstard neu Ffrwyth Ffres
<b>Wy3</b> 20/11/23 11/12/23 15/1/24 5/2/24 4/3/24	Bolognaise Cartref Bolognaise Llysieuol Sbageti Bara Garleg Pys, Ffa Melys  Bisgïen Geirch Cartref a Resins ½ Banana & Laeth, neu Ffrwyth Ffres	Cyw Iâr Ffres wedi ei lapio V- Nygets Llysieuol wedi eu lapio Tatws Ciwb Cras  Moron Mâl a Salad Cymysg Sgon Ffrwyth Ffres Blas Siocled a Chwstard Neu Ffrwyth Ffres	Porc Rhost gyda Stwffin Perlysiâu & Grefi V~ Pasta Pob Sawrus Tatws Hufennog Moron & Brocoli  logwrt Laeth y Llan gyda Darnau Afal neu Ffrwyth Ffres	*Cŵn poeth gyda winwns a relish Tomato *Byrgyr Cig Eidion V-* Cŵn poeth Llysieuol/Burger Ll Sglodion gyda darn o Baguette Ffyn Llysiau *Flapjack crumble afal/Pwddin Creisionllyd Eriinen Wlanog neu Ffrwyth Ffres	Bysedd Pysgod Eog V~ Caws Pob Tatws Hufennog Ffa Pob Neu Bys  Sbwng Siocled gyda Saws Gwyn neu Ffrwyth Ffres

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